



**GCHS RETREAT SELECTION FORM : 2025-2026**  
**Juniors and Seniors must attend at least ONE retreat a year**

*Fill out and detach the bottom portion of this form and return to Mrs. Silber*

**Service Retreat:** *Dates vary:* Does community service interest you? Learn about the needs of our neighbors and help a local organization in their ministry to serve the hungry.

Location: TBD

Notes: Transportation provided. Includes service hours. Limited availability

**Knotted in Faith:** *Held in October-* Learn about the rosary and even create your own rosary to keep! This retreat will take place during school hours at St. Mary's Church as well as GC with special visitors from Sacred Heart School.

**Environmental Retreat:** *Spring:* As Christians we are called to be stewards of the earth. Join us as we enjoy Mass outside (weather permitting) and volunteer at a local environmental organization.

Notes: Transportation provided. Includes service hours. Limited availability

**Scoops and Saints Retreat:***Dates vary:* Ice cream sundaes and Saints, name a better combo... Come learn about some new Saints as we enjoy some delicious ice cream together.

Notes: NO SERVICE HOURS, located at GC

**Men's Retreat:** *Dates vary (during school):* This retreat provides time for the young men at GCHS to gather for reflection, discussion and fellowship centered on unique male issues on the spiritual journey.

Notes: NO SERVICE HOURS, located at GC

**Women's Retreat: Female Saints the ERAS TOUR (Taylor Swift inspired)**

*Dates vary (during school):* This retreat provides time for the young women of GCHS to gather in fellowship. This retreat will consist of fun activities, music, socializing and culminate in the Eucharist.

Notes: NO SERVICE HOURS, located at GC

**Racism and Justice Retreat:** *Dates vary:* Join us as we examine the presence of racism in our society and how we can use Catholic Social Teaching to promote reconciliation and change.

Notes: GCHS and off campus location. NO SERVICE HOURS

**March for Life-** *September 25th (FULL DAY)-*Join us as we travel to Trenton to march for pro-life issues on our nation's capital. Notes: OFF CAMPUS, FULL DAY RETREAT, Service hours included

**Be Latino for a Day:***October/November (during school)-*Be immersed in Latino culture and explore similarities to your own culture you may not know exist. Join us as we share Spanish food, reflection and Mass.

Location: Sacred Heart Parish in Camden, NJ/ GCHS

Notes: You will miss the first half of the school day. Limited availability. NO SERVICE HOURS

**Night Without A Home:***September/October (Overnight Retreat)-*What is it like to be homeless? Join us for a night of speakers, service and sleeping outside as we are offered a glimpse of what it's like to be homeless.

Location: GCHS Courtyard

Notes: This is an overnight retreat where students will be sleeping outside. Includes service hours. Limited availability.



**GCHS RETREAT SELECTION FORM : 2025-2026**  
**Juniors and Seniors must attend at least ONE retreat a year**

**Welcome the Stranger** :*Dates vary (during school)* Learn what it is like to walk a mile in someone else's shoes. Father Ramos will lead us through what it is like to be an immigrant in a new land. Join us for cultural Mass, food and community as we expand our horizons!

Notes: Limited Space, Location: GCHS- NO SERVICE HOURS

**Next Steps Retreat**:*Offered in the Spring*: Prepare to transition your faith life as you graduate high school and become independent. Held 1-2 times a year. Join us at Rowan University in the Fall and Stockton University in the Spring, as we learn from college students on how to grow our faith after high school

Location: Rowan University and Stockton University

Notes: You will miss the entire school day, NO SERVICE HOURS

\*\*Be sure to indicate which location you want to attend for this retreat\*\*

**KAIROS RETREAT: DECEMBER 2nd-5th** (*No longer an overnight retreat: 9am-7pm*)

Kairos is a student-run retreat program that allows students the opportunity to step back from the many demands of life at GCHS in order to intentionally reflect on their relationships with God, with themselves, and with others.

Location: Cherry Hill Retreat Center

Notes: Takes place during the school week, **NOT overnight**, transportation provided. You will miss 3 full days of school. NO SERVICE HOURS

\*\*\* IF YOU ARE INTERESTED IN ATTENDING KAIROS THERE IS A SEPARATE APPLICATION PROCESS AND FEE.\*\*\*

**Faithful Flicks Movie Retreat**- *Dates vary*- Do you love movies and popcorn? This retreat is for you. Learn about God through another lens- the movies!

Notes: NO SERVICE HOURS

**Advent Retreat**- *December*- Do you love the season of Christmas and Advent? Join us as we cozy up with hot cocoa, cookies and the Jesse Tree to deepen our faith in the Advent season.

Notes: NO SERVICE HOURS

**Coffee and Contemplation** *Fall and Spring*- Join us as we relax with a nice cup of coffee and explore our relationship with Jesus. We will engage in discussion and meditative prayer as well as Adoration.

Notes: Off campus walk to a coffee shop and the park, NO SERVICE HOURS

**Lenten Retreat**: *Spring*- The season of lent is more than just "giving up soda"- learn about the season of Lent as we discuss the true meaning of our call as Catholics.

**Mother/Daughter Retreat**- (girls only)- Enjoy this special retreat where your mother will also join us for a day or relaxation, tasty treats and a chance to strengthen a beautiful bond between mother and daughter!

-----  
Student Name \_\_\_\_\_ HR Teacher \_\_\_\_\_

Retreat (1st choice): \_\_\_\_\_

Retreat (2nd choice): \_\_\_\_\_

I WOULD LIKE TO BE CONSIDERED AS A RETREAT LEADER: